Cleveland Clinic
Akron General
LifeStyles

RECREATION

GYM SCHEDULE



Cleveland Clinic Akron General Health & Wellness Center, Green

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Times	Saturday	Sunday
5:30 AM	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	Non-Dependent Open Gym	7:00 AM	Non-Dependent Open Gym	
9:00 AM	Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a	8:30 AM	Group Exercise 8:30a-9:15a GYM CLOSED	Non-Dependent Open Gym
	Group Exercise 9:15a-10:00a GYM CLOSED	Group Exercise 9:15a-10:00a GYM CLOSED		Group Exercise 9:15a-10:00a GYM CLOSED	Group Exercise 9:15a-10:00a GYM CLOSED	9:00 AM	Dependent Hours Open Gym 9:00a-6:00p	Adult Full Court Open Basketball 9:00a-11:00a
10:00 AM	Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a		Dependent Hours Open Gym 9:00a-11:00a	Dependent Hours Open Gym 9:00a-11:00a		½ Court Sports Performance 9:30a-10:45a	
10:30 AM	Full Court Open Pickleball 10:30a-12:15p	Group Exercise 10:30a-11:15a GYM CLOSED	Full Court Open Pickleball 10:30a-12:15p	Group Exercise 10:30a-11:15a GYM CLOSED	Full Court Open Pickleball 10:30a-1:00p	12:00 PM	Dependent Hours Open Gym 9:00a-6:00p	Dependent Hours Open Gym 9:00a-6:00p
		Non-Dependent Open Gym		Non-Dependent Open Gym		12:30 PM	½ Court Open Pickleball 12:30p-2:30p	
12:15 PM	Non-Dependent Open Gym	½ Court Sports Performance 12:00p-12:15p	Non-Dependent Open Gym	½ Court Sports Performance 12:00p-12:15p		2:00 PM		½ Court Pickleball 101 Class 1:45p-2:45p
1:00 PM	Right-Fit 1:00p-2:00p GYM CLOSED	Non-Dependent Open Gym	Right-Fit 1:00p-2:00p GYM CLOSED	Non-Dependent Open Gym	Non-Dependent Open Gym	3:00 PM	Dependent Hours Open Gym 9:00a-6:00p	Full Court Open Pickleball 3:00p-5:00p
2:00 PM	Non-Dependent Open Gym		Non-Dependent Open Gym					
2:45 PM	½ Court Sports Performance 2:45p-3:30p		½ Court Sports Performance 2:45p-3:30p					
3:00 PM	Dependent Hours Open Gym 3:00p-5:30p	Dependent Hours Open Gym 3:00p-5:30p	Dependent Hours Open Gym 3:00p-5:30p	Dependent Hours Open Gym 3:00p-5:30p	Dependent Hours Open Gym 3:00p-10:00p	5:00 PM		
4:15 PM		½ Court Sports Performance 4:15p-4:45p		½ Court Sports Performance 4:15p-4:45p				
5:45 PM	½ Court Sports Performance 6:00p-6:30p	½ Court Sports Performance 5:45p-6:15p	½ Court Sports Performance 6:00p-6:30p	½ Court Sports Performance 5:45p-6:15p				
6:15 PM	Group Exercise 6:30p-7:15p GYM CLOSED	Group Exercise 6:15p-7:00p GYM CLOSED	½ Court Open Pickleball 6:30p-7:30	Group Exercise 6:15p-7:00p GYM CLOSED				
7:00 PM	½ Court Pickleball 101 Class 7:30p-8:30p	Adult Full Court Open Basketball 7:15p-9:15p	Dependent Hours Open Gym 7:00p-10:00p	Dependent Hours Open Gym 7:00p-10:00p				
	Dependent Hours Open Gym 7:00p-10:00p							

KEY	
Adult Basketball	Pickleball
Dependent Hours	Right-Fit
Group Exercise	Non-Dependent
Sports Performance	

*½ Court private lessons and personal training may take place during open gym times.

*** Scheduled program events are only to be performed during the scheduled times***