R.B. Turnbull, Jr. MD WOC Nursing Education Program

PREREQUISITE: Professional Practice Concepts in WOC Nursing

COURSE TITLE: Nursing Management of Urinary and Fecal Incontinence

GENERAL COURSE DESCRIPTION:

This is a four-week instructor-facilitated online course focusing on the nursing management of urinary & fecal incontinence. The course is delivered through a learning management system. Content includes anatomy & physiology of the lower urinary tract, mechanisms to maintain continence, urinary & fecal incontinence types, medications, behavioral strategies, containment products, odor management, diagnostic testing, advanced management strategies, pelvic floor rehabilitation, CAUTI prevention, and incontinence associated dermatitis (IAD) management. The course assignment focuses on IAD prevention & management care. Discussion topics include case study analysis to support the learning process using real-life situations to develop critical thinking skills for incontinence care.

Course Outcome:

Apply the concepts of the GU & GI anatomy and voiding physiology with knowledge of urinary and fecal incontinence types and holistic assessment, management through diet, medications, containment products, or behavioral strategies to the care of a person with a urinary and/or fecal incontinence.

Educational Objectives:

1. Describe the anatomy and physiology of the urinary tract.
2. Summarize mechanisms involved in voiding.
3. Classify containment devices for urinary incontinence identifying product components, indications, and contraindications.
4. Plan WOC nursing care for the patient with incontinence-associated dermatitis (IAD).
5. Relate the basic pathology and assessment criteria for common types of chronic urinary incontinence (UI).
6. Relate the basic pathology and assessment criteria for less common types of chronic urinary incontinence (UI).
7. Describe medication classifications used to manage chronic urinary incontinence.
8. Discuss the role of pelvic muscle rehabilitation, biofeedback, electrical stimulation, fluid management, and bladder retraining in the management of urinary incontinence.
9. Explain surgical procedures used for the management of chronic urinary incontinence.
10. Develop a WOC nursing management plan for the prevention and treatment of IAD.
11. Design an appropriate WOC nursing management plan for the treatment of the patient with chronic urinary incontinence.
12. Identify causative factors for fecal incontinence.
13. Explain diagnostic tests used in the workup of the patient with fecal incontinence.
14. Describe components included in a focused nursing assessment for the person with fecal incontinence.
15. Discuss medications used for the patient who has constipation or diarrhea.
16. Plan WOC nursing care for the individual with fecal incontinence.

Disclosures: Course faculty have no disclosures to report

CE CERTIFICATES: Cleveland Clinic Center for Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team. ANCC designates this activity for a maximum of 50 ANCC contact hours. Successful completion includes meeting course requirements and completion of the course evaluation. The awarded certificate may be applied to meet the requirements for certification through the Wound, Ostomy and Continence Nursing Certification Board® (WOCNCB®).