YOUR MENU

Flavorful, nutritious food is a cornerstone of good health.
Please enjoy your meals during your hospital stay.



HOURS

Order meals between 7:30 a.m. and 6:30 p.m.

TO ORDER

Order your meals using the patient app or with a patient dining caregiver.
The app is available by logging into your MyChart account – select DINING

A patient dining caregiver will visit daily if no selections are made.

By Phone: Call ext. 3070.
From outside the hospital call 440.578.3070.

Cleveland Clinic

breakfast

Blueberry Muffin
Oatmeal/Cream of Wheat®
Rice Krispies®
Cheerios®
Scrambled Eggs
Pancakes
Seasoned Home Fries
Bacon
Lite Yogurt

sandwiches / entrees

Deli Turkey Sandwich
Peanut Butter and Jelly
Grilled Cheese
Hamburger
Ultimate Club Sandwich
Tuna Salad Sandwich
Chicken Salad Sandwich
Beef Pot Roast
Barbecue Chicken
Baked Chicken Tenders
Macaroni and Cheese
Pizza (Cheese or Pepperoni)
Chef Salad

sides

Assorted Chips
Mashed Potatoes
Potato Wedges
Macaroni and Cheese
Side Salad
Broccoli
Green Beans
Carrots

fruits

Banana
Mandarin Oranges
Applesauce
Peaches
Pears
Seasonal Fruit

soups

Chicken Broth
Beef Broth
Vegetable Broth
Chicken Noodle Soup
Tomato Soup

beverages

JUICE
Orange
Apple
Diet Cranberry

MILK
Skim
2%

HOT
Coffee (Regular or Decaf)
Tea (Regular or Decaf)

COLD
Decaf Iced Tea
Diet Ginger Ale
Diet Coke®
Sprite Zero®

sweets

Lemon Fruit Ice
Vanilla or Chocolate Pudding
Vanilla or Chocolate Ice Cream
Orange Sherbet
Citrus or Red Gelatin
Chocolate Chip Cookie

condiments

BBQ Sauce
Butter
Italian Dressing
Honey
Jelly
Jelly (Sugar-Free)
Ketchup
Lemon Juice
Light Mayonnaise
Margarine
Mustard
Non-dairy Creamer
Pancake Syrup
Peanut Butter
Pepper
Ranch Dressing
Salt
Salt-free Seasoning
Splenda
Sugar

What is a diet order? A diet order is part of your care plan and it provides guidance as to the amount and types of food and drink you can have during your hospital stay. All patients will have a diet order and it may change during your stay.

Regular Diet: Has no therapeutic restrictions per meal order and includes a variety of healthy, nutritious options. You may be restricted on how much or how often you can place a meal order.

Therapeutic Diet: Includes healthy, nutritious options that will limit what and how much you can eat, how often you can eat, and possibly the texture of your food. These diets support healing and recovery.

NPO Diet: Also known as a "Nothing by Mouth" Diet, restricts all eating and drinking before and after certain procedures and/or tests, and is for your safety.



Scan QR code for menus and additional information.

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